



White Paper: Psychosocial screening using the OREBRO

OREBRO Plus
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Background: Psychosocial Screening using OREBRO Plus

OREBRO Plus, powered by Axis, is a free digital application for our community of insurers, employers and for people with an injury or disability. It simplifies the delivery and utility of the world class Orebro Musculoskeletal Pain Screening Questionnaire short form (Orebro).

The Orebro is an evidence based and well known psychosocial self-report scale that helps identify new musculoskeletal disorders (MSDs) that are likely to have prolonged disability and difficulty returning to work (RTW) and meaningful life activities. The Orebro can then direct the right care to an individual for better more cost-effective outcomes.

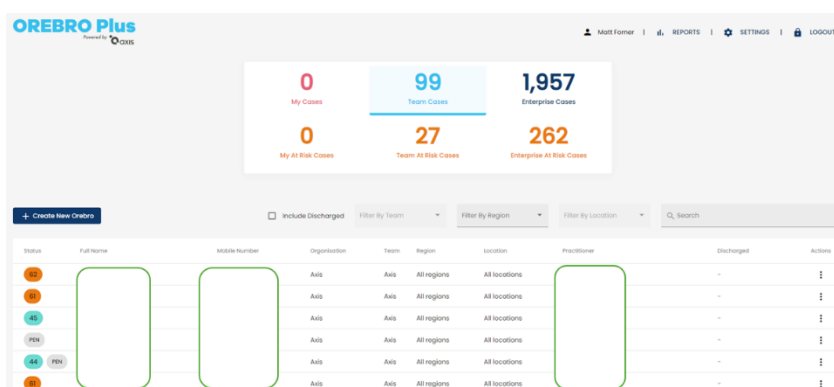
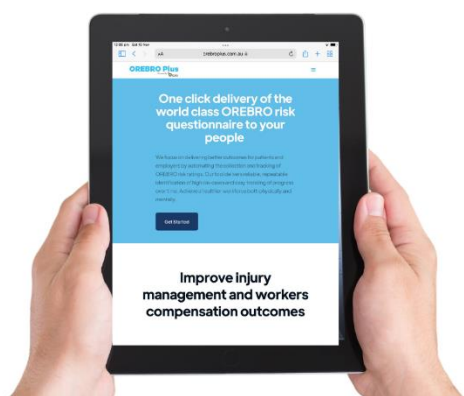
Despite its utility and awareness of the Orebro, it is rarely used by providers or employers. Some insurers have their own internal solutions, but there is administration toil, and they lack simple tracking and dashboarding.

OREBRO Plus simplifies the process of Orebro delivery to “one click” and automatically sends and retrieves, scores, risk rates, tracks, and dashboards results. In providing less resistance to use of the Orebro, OREBRO Plus is aligned with PIEF’s stated “purpose”. OREBRO Plus strengthens the personal injury and disability management industry capability and delivers social and economic value and community outcomes.

OREBRO Plus was created by the Axis development team to be free for all stakeholders in our industry and hopefully, help identify individual workers that need support in their recovery journey, and that this will make a positive difference in their lives, their family and their community.

OREBRO Plus is both a new technology and provides improvements in systems and processes for the compensable community.

Axis believes in the health benefits of good work and our vision for www.orebroplus.com.au is that employers, insurers and health professionals have access to one click delivery of the world class Orebro to your people for the benefit of all businesses, insurers and our community.



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Utility of the Orebro as a Psychosocial Screening Tool

MSDs can significantly impact the lives of individuals. MSDs represent the most common type of work-related injury and injury following motor vehicle accident.

A small portion of MSDs have delayed recovery and delayed RTW. For this group, length of time off is associated with difficulty ever returning to work and negative physical and psychological health outcomes.

Reliably identifying these individuals at risk among large case numbers has proved difficult and psychosocial factors, not physical factors predict ongoing disability and difficulty with RTW.

The Orebro is a widely known psychosocial self-report scale that can be used for any part of the body. A prospective study by Nicholas et al found that a high-risk score is predictive of almost three times long to RTW. Other studies have shown that managing the high-risk cases by targeting these psychosocial barriers results in faster RTW and 20 -50% claims cost savings.

Low Utilisation of the Orebro

Despite the value to providers, insurers, and employers, the Orebro is rarely used due to the process of using paper-based solutions that involve manual collection, scoring, risk rating, scanning, and if collected, the results are not presented in an actionable format.

The Problem OREBRO Plus Solves

OREBRO Plus is a free application that allows “one click” delivery of the evidence-based Orebro and allows real time sending, receiving, collating, and scoring, risk profiling, dashboarding, tracking and filtering of cases.

For providers: OREBRO Plus takes the headache out of collating Orebro screening questionnaire data. Providers are busy and typically use paper-based tools, thereby human error can result with errors in scoring and tallying results, rendering the risk rating unreliable. Alternatively, like most providers, it is just not performed.

For Insurers and Employers: OREBRO Plus has filters for multiple case management to quickly identify high risk scoring cases so that resources can be deployed in the most targeted and cost-effective way. For this reason, insurers, health professionals and rehabilitation / safety coordinators are increasingly using the OREBRO to understand which workers that may experience challenges getting back to work and how they can be supported in their recovery.

For people with an injury or disability: OREBRO Plus helps identify individuals that need support in their recovery journey, and that this will make a positive difference in their lives, their family, and their community.

OREBRO Plus Enterprise

For corporate organisations, an Enterprise version has been co-designed with a national insurer. The enterprise version has AI ready data management, addition team views, case sharing and enterprise security.


References

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